

# Packing List for Baylor in Peru

## Documents

- passport
- photo copy of passport to keep in your wallet
- drivers license
- insurance card for your regular health plan
- USA-Lima airline ticket (hardcopy or note with ticket number)

## Money

- \$500 cash (suggested minimum)
- credit card (MasterCard is OK, but Visa is better)

## Travel

- suit case (your Checked-Bag, 50 lbs, 62 linear inches)
- backpack (your Carry-On; 17 lbs, 21 x 13 x 9 inches)  
*a book bag like most people carry around campus is perfect*
- handbag (18 x 14 x 8 inches)  
*purse, sling bag; something that can fit under your seat*

## Clothes (you should be able to do laundry every 5-6 days)

- shirts
- pants
- underwear
- socks
- shoes
- coat (CUSCO in the summer is similar to Waco in January)
- beanie (wool hat)
- fleece/sweater (these are a great souvenir purchase, so you might wait and buy a sweater in Cusco)
- rain jacket (or windbreaker)
- night clothes
  - warm pajamas (the dorms get cold at night!)
  - warm house shoes
  - warm socks

## Dormitory

- toiletries (You can buy these things in Peru, if you want to save weight/space in your bag. Be sure to bring a basic supply because it may be several days before you have time to shop)
  - roll of toilet paper (I suggest putting a small roll of toilet paper in a zip-lock and keeping it with you while you're out. Very few Peruvian restrooms provide toilet paper.)

- sunscreen
- brush/comb
- towel (Bring a small towel, then buy larger ones in Cusco)
- deck of cards or games for evening entertainment

### **Gadgets**

- phone and charger
- backup battery for phone
- headphones
- electrical adaptor (Type C plug; the same 2-prong used in France, Germany, Greece)
- PC and charger
- hairdryer, straightener (either bring "dual voltage" appliances or buy these in Peru)

### **Phone Apps**

- GroupMe (this is the main way we will communicate with each other. Check your "Notifications" for GroupMe to be sure you're alerted to new messages.)
- Canvas
- DUO ("push" method works best outside USA)
- WorldCue Mobile (Baylor uses "iJet International" to communicate in emergencies)
- Venmo (helpful way to split checks at restaurants, etc)
- Google Translate (or other Spanish/English dictionary)
- "Units Plus" (I use this app all the time... I'm lost in the metric system)

### **Class**

- dictionary (hardcopy or app. If you're using an app, it's best to download Spanish so it works off-line)
- spiral notebook (to take notes in class)
- pen & pencil
- The Last Days of the Incas* (only if you don't complete the quiz before departure)

### **Salkantay Hike (much of this is included above)**

- Horse Bag (a small duffel or stuff sack. The gym bag I bring measures about 18 x 11 x 12. Most of the list below should fit into your Horse Bag. It cannot weigh more than 10 lbs.)
- backpack (your Carry-On)
- snacks (you can buy these in Cusco; meals are provided)
- rain/wind jacket
- rain poncho (cheap, disposable kind ; you can buy these in Cusco)
- hiking shoes
- coat (a down or synthetic coat is best because it's light and easy to store in you backpack)
- fleece or something to use as a layer under a jacket
- gloves (optional, for the cold-natured; lightweight)

- cap/hat for sun protection (for hiking)
- clothes (in addition to what you wear on day 1; these will go in the Horse Bag):
  - 2 or 3 shirts
  - 1 pair of pants/leggings (lightweight)
  - socks (4 pair)
  - underwear (4 pair)
  - night clothes
  - save one full change of clothes for our Machu Picchu day
- beanie (wool hat) for cold nights and mornings → IMPORTANT: bring one that you're OK sleeping in. Your head is the only thing sticking out of your sleeping bag at night.
- pillow (optional: most will be fine stuffing extra clothes in a shirt, but you can buy an "inflatable camp pillow," if you prefer)
- flashlight (small and lightweight)
- toiletries
  - toothbrush
  - toothpaste
  - deodorant
  - bar of soap (small; for washing hands and face)
  - whatever you consider the bare essentials for toiletries
- hand towel (optional; small, lightweight)
- toilet paper (enough for 4 days)
- hand wipes (e.g., Wet Ones) or Purell hand sanitizer
- sunglasses
- sunscreen
- insect repellent
- plastic (Ziploc) bags (3 or 4, gallon size; to keep clean clothes dry, to separate dirty from clean, and to hold trash on the trail)
- water bottle (or hydration bladder; about 1 liter)
- battery charger for phone/camera (optional)
- USB charger for hotel
- medical kit (band-aids, moleskin, ibuprofen, etc.; things you feel you need)
- passport (not a photocopy)
- cash for souvenirs, snacks, extra water (there are a few places on the trail where you can buy water and snacks. Also, Aguas Calientes has a lot of tourist shops)
- credit card (for emergency)